Healthy Mind



Vital Health Markers
Are Essential for **a Healthy Mind?**
Check on them with

Jaanch®

Vitamins | Iron | Thyroid | Cortisol

Jaanch Healthy Mind Package
(37 Parameters)

@ ₹1799/-

- **Thyroid Profile (3)**
  - TSH - Ultrasensitive
  - Total Thyroxine (T4)
  - Total Triiodothyronine (T3)
- **Vitamin Profile (2)**
  - 25-OH Vitamin D (Total)
  - Vitamin B-12
- **Cortisol Serum (Morning Sample 6AM - 10AM)**
- **CBC (28)**
- **Magnesium**
- **Serum Zinc**
- **Iron**

Bone & Muscle



Strong Bones Stay Silent.
Weak Ones Don't.
Know Your Bone Health with

Jaanch®

Nutritional Deficiency | Dietary Issues | Sedentary lifestyle | Chronic Stress

Jaanch Bone And Muscle Health
(41 Parameters)

@ ₹2135/-

- **Kidney Profile (2)**
  - Calcium
  - Intact Parathyroid Hormone (PTH)
- **Cardiac (2)**
  - Creatine Phosphokinase Muscle/brain (cpk Mb), Serum Myoglobin
- **Magnesium**
- **Phosphorous**
- **CBC (28)**
- **Liver Profile (4)**
  - Serum ALB/Globulin Ratio
  - Protein - Total
  - Albumin - Serum
  - Serum Globulin
- **Vitamin Profile (3)**
  - Vitamin D Total
  - Vitamin D2
  - Vitamin D3